

Photos From Recent Special Dances

The  
**MODERN  
SQUARE**



*July 2024*

E-Editions are released on the Sunday, after the last Saturday of the month, prior to the month of issue. You can download the e-Edition (full or compact) at the ASSDF website, located at <https://www.arkansassquaredance.com/the-modern-square>

The Club Special Dance photos will be in a separate file each month, as will photos from recent **ASSDF Fall Festivals**.

## *Club Special Dances for July, 2024*

Please email these [assdfmodernsquare@gmail.com](mailto:assdfmodernsquare@gmail.com) – please let me know who took the photos, as I want to give them credit, especially if they come from the club Facebook groups. Due to **space limitations, photo quality, or page formatting, I can't** use all of them sent in, or from Facebook); but you can view them (and videos, where available) on the various club Facebook pages (including the **ASSDF** page, the **Fall Festival** page, and the **Square Dance Events** group). Also, note that **not everyone** is on Facebook.

**Special Dance Photos** from early through late May, 2024 through June, 2024, were from Facebook pages of **Whirl Twirl**, plus the North Texas Square And Round Dance Association (**NORTEX**), the East Texas Square And Round Dance Association (**ETSRDA**), the Heart Of America Singles Square Dance Association (**HASSDA**); plus from the picnics, and the dances with the **Twirling Lariats, Swingin' Cavaliers, Twirling Funtimers, Maverick Mixers, River City Squares, and the Bluebird Squares**. There were also **graduation dances** from the **Guys And Dolls, Levi's And Lace, and a combined class** from the **Twirling Lariats** and the **Maverick Mixers**.

Many thanks to Daryl Stout, Lanita Pettey Hammett, Eva Himes Keeling, Jody King, Anieta England, Ted Hofmeister, Ellen Glover Lewis, Linda Parker Carlile, Elaine Cox, Ginny Short, Tom Manning, Phyllis Keeney, and Carolyn Birdsong for the photos.

First, I saw this photo from the North Texas Square And Round Dance Association (**NORTEX**) Facebook page, right after I had released the June, 2024 e-Edition, so we'll start off this month's Special Dances e-Edition with "the family team sport – square dancing".



***WHY SIT IN THE BLEACHERS AND WATCH YOUR KIDS PLAY WHEN YOU CAN PLAY WITH THEM? SQUARE DANCE—THE FAMILY TEAM “SPORT!”***



Next, seen on a Tulsa, Oklahoma area billboard, from the Heart of America Singles Square Dance Association (**HASSDA**) Facebook page.



Next, from the first night of lessons, to after your class graduation, then years of dancing; here is a valid truth about square dancing. 😊



Next, over 4 dozen photos from the Twirling Lariats June Bug Jamboree Dinner and Dance with Tim Tyl, on June 1, 2024. Your Editor waited until the food line thinned out; and by then, so had much of the food for the photos!! But you can still get an idea of the food selection available.



June Bug  
Dance



*Twirling Lariats*



*Little Rock Ar.*



























































This will be given away at the 2024 **ASSDF Fall Festival** in White Hall, on Oct. 12, 2024. See the ad in the full e-Edition for more information.

Next, nearly two dozen photos from the Swingin' Cavaliers Summer Picnic And Dance...see their club report for details.

































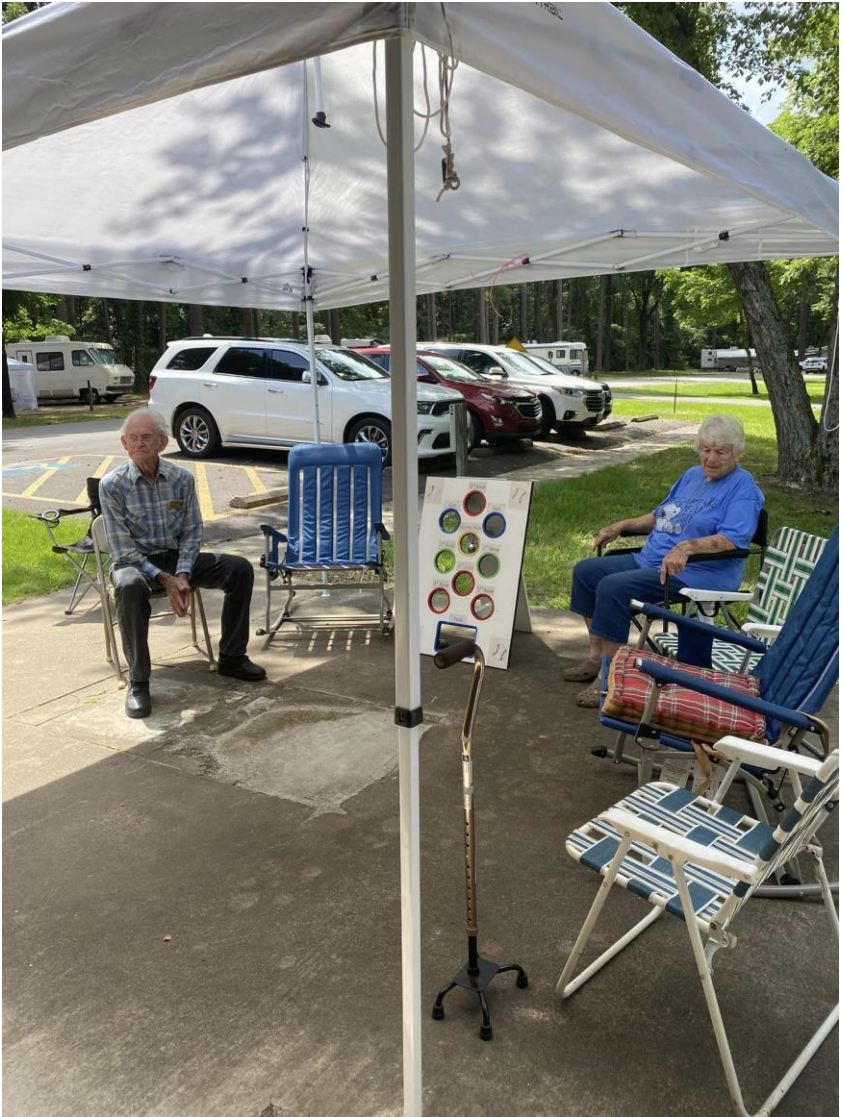




















Next, a photo from a dance in May, 2024, with the Twirling Funtimers. They had a special guest caller, Linda Michael, from South Carolina, who had a goal to dance in all 50 states, and she had met that goal as this issue was being released. See their club report for details.



Next, over two dozen photos from the combined square dance class graduation with the Maverick Mixers and the Twirling Lariats. It looked like “balloony” resulted if you “didn’t keep the squares tight”, as noted in some of the photos!! **ASSDF Presidents Tom and Kim Fox** announced that the new graduates would get free admission to the **2024 ASSDF Fall Festival**.









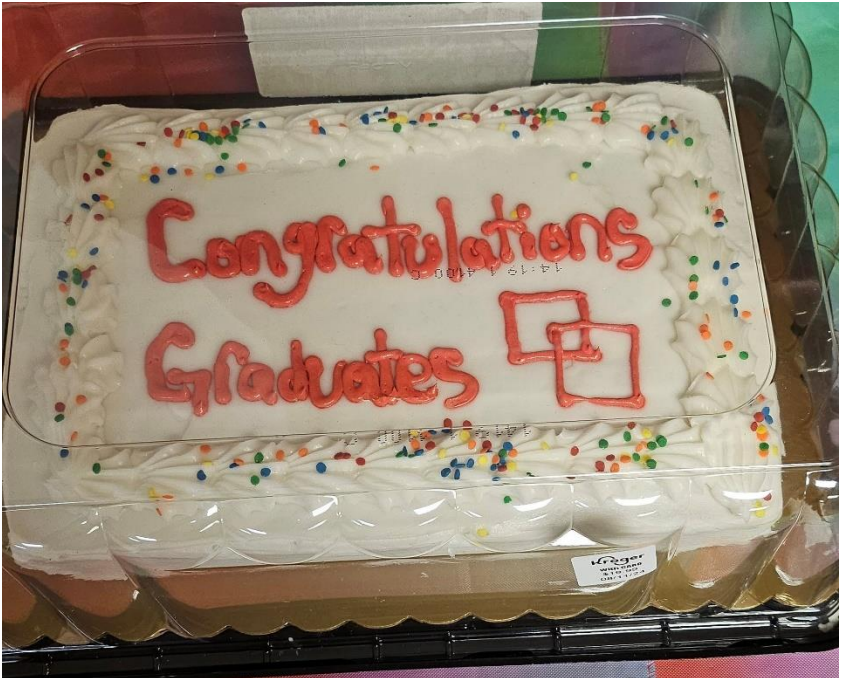
















































Keeping with the graduations, nearly two dozen photos from the Guys And Dolls Graduation Dance. I noted some “balloonacy” at this dance as well.













































Next, just over a dozen photos from the Levi's And Lace Graduation Dance on June 28...see their club report for details.































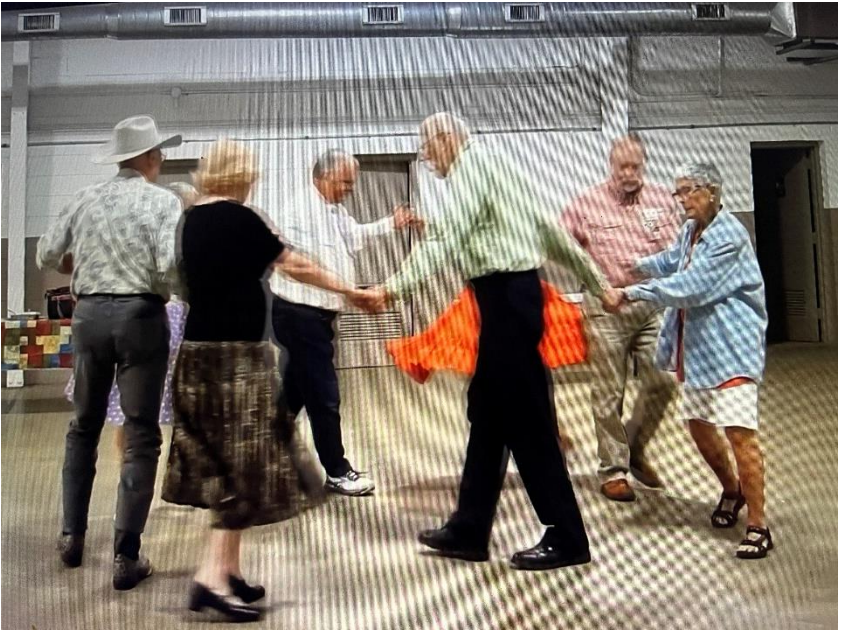
Next, nearly a dozen and a half photos from the Bluebird Squares 5<sup>th</sup> Anniversary Cajun Theme Dance. Carolyn Birdsong captured these from the video that she had taken, so the photos are a bit “grainy” in their appearance.



















Next, two photos from the between tips at the Maverick Mixers June 22 dance. A video with Guest Caller Joey Duhamel is on their Facebook page.





Next, a few photos from the Twirling Funtimers Summer Picnic Dance; see their club report for details.







Next, on June 18, 2024...caller Jay King and the River City Squares welcomed visitors from Houston, Texas...Mike and Joyce Peters.

It was a pleasure having them, and we hope they come back sometime.



Next, several pictures from the Maverick Mixers Red, White, And Blue Dance on June 29, with Guest Caller Ron Wise. Please see their club report for details.











Next, Arkansas' own Phil Moorehouse, joined Larry Marchese (brother of the 74<sup>th</sup> National Square Dance Convention ® (NSDC) General Chairman Ted Hofmeister), along with Tom Manning...calling at a Trail Thru Dance in Iowa, leading to the 73<sup>rd</sup> NSDC in Milwaukee last month. Larry, Phil, and Tom (left to right in the photo below) were teen callers at long ago NSDC events (no word on how long ago!!).



Below, 74<sup>th</sup> NSDC General Chairpersons Tonia and Ted Hofmeister



It's official!! **The torch has now been passed** from the just completed 73<sup>rd</sup> NSDC in Milwaukee, to the 74<sup>th</sup> NSDC in Shreveport. In the photo below, 74<sup>th</sup> NSDC General Chairpersons Tonia and Ted Hofmeister with the torch. Make your plans now to **“Dance On The Wild Side”!**



Next, in traveling to the National Square Dance Convention®, or other big square dance festivals, it seems like this for many married couples!! Then, the **ASSDF** and Arkansas at the 73<sup>rd</sup> NSDC “Showcase Of Ideas”.





75th National Square  
Dance Convention<sup>®</sup>



June 24-27 2026  
DIAMOND JUBILEE

For updates on the 74<sup>th</sup> NSDC in Shreveport, Louisiana, you can view or download **National Squares Online** in **PDF** format at <https://nsdcnec.com/national-squares-e-magazine/> and then click on the desired issue(s). Issues from August 2024, through May 2025, will cover the Shreveport NSDC, with the August 2025 through May 2026 issues for the 75<sup>th</sup> NSDC in Waco, Texas. The 76<sup>th</sup> NSDC in 2027 was awarded to Loveland, Colorado.

# NATIONAL SQUARE DANCE CONVENTION<sup>®</sup>

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## National Squares E-Magazine

National Squares E-Magazine is an online magazine providing the who, what, and where for the upcoming Convention.

To view any of the last 10 issues, simply click on any thumbnail to open the PDF in your browser window. From within your browser window you can download or print the issue.

Next, since there is so little to laugh at in the world nowadays, here are the benefits of smiling, as well as Life Lessons from Square Dancing. It does take more muscles to frown than it does to smile. 😊

## Big Benefits of Smiling

Choose to smile every day to boost mood and health

- 😊 Smiling Helps You Live Longer
- 😊 Smiling Relieves Stress
- 😊 Smiling Elevates Mood
- 😊 Smiling Is Contagious
- 😊 Smiling Boosts the Immune System
- 😊 Smiling May Lower Blood Pressure
- 😊 Smiling Reduces Pain
- 😊 Smiling Makes You Attractive
- 😊 Smiling Suggests Success
- 😊 Smiling Helps You Stay Positive

## Life Lessons from Square Dancing

1. Honor your partner
2. Greet your neighbor
3. You can't go it alone
4. When in doubt, hold hands
5. If you get confused, head for home
6. Laugh, have fun and keep moving
7. It will all work out in the end!

Next, with the summer heat, it's important to remember **Hot Weather Safety Rules**. Even in a dance hall, **you can get overheated quickly**. When your body tells you that it's time to **stop**, and get to a much cooler environment, **heed its warnings, or you'll surely regret it!!** For more **Hot Weather Safety Rules**, go to <https://www.weather.gov/safety/heat>

## PROTECT YOURSELF FROM HEAT & SUN



Drink plenty of **water** and avoid alcohol. Beverages with electrolytes can also help protect against heat stress.



Apply **sunscreen** (SPF 30 or higher) every two hours.



Wear lightweight, loose-fitting, and **light-colored clothing**.



Take regular breaks in the **shade**.



weather.gov



## Heat Exhaustion

## Heat Stroke

### ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- Seek medical help if symptoms don't improve

Dizziness

Thirst

Heavy Sweating

Nausea

Weakness



Confusion

Dizziness

Becomes Unconscious

### ACT FAST

## CALL 911

- Move person to a cooler area
- Loosen clothing and remove extra layers
- Cool with water or ice

*Heat exhaustion can lead to heat stroke.*

*Heat stroke can cause death or permanent disability if emergency treatment is not given.*



Stay Cool, Stay Hydrated, Stay Informed!



On a lighter note, for the hot weather, here's an indicator for when the cornfields are too hot outside...it likely gave rise to the photo below it, namely "The Redneck Fire Alarm". The only problem is that it can only be used once, and you need to have it replaced after every activation!!

While you do get a nice treat afterwards, I wonder how many times they will conduct "a fire drill". 😊



Lastly, in a "Throwback Thursday Moment", from a dance years ago, Phil Moorehouse, with what I'd call his "Christmas in July" photo. He didn't have a beard, because I guess that it was too hot outside (LOL!!).



